

TIGER NEWS

St. Theresa School

Mme Lamarche

NOVEMBER 2016

Remembrance Day Service

Parents and families are invited to attend our Remembrance Day Service to honour our brave men and women. Your child will write the date and time of the service in their agenda.

Please wear red to commemorate our soldiers.



Visitor Sign-In

To ensure the safety and security of our students, we ask all visitors to adhere to the sign-in protocol. Please stop by the office upon arrival and sign yourself into our **Visitor Registry Book**. Don't forget to sign out on your departure.

STAND UP (to Bullying)

Bullying Awareness Week is November 13-19, 2016. During this week, activities will take place in our school/classrooms to highlight this issue and help our students better understand how to help prevent bullying. Visit <http://www.bullyingawarenessweek.org> for more information and resources.

Grade 8 Day at St. Joseph-Scollard Hall

November 2nd is Grade 8 Day at St. Joseph-Scollard Hall. This is a great opportunity for our Grade 8 students to learn more about the SJSH school community. Students will have the opportunity to take part in a variety of activities and meet with school staff. All Grade 8 students will be provided with a lunch and will be bused to and from the school.

Picture Re-take Day!

November 16th is picture re-take day! Students are reminded to bring their smiles and dress for the occasion.



Students are reminded to

Parent-Teacher Interviews

Interviews will take place on **Thursday evening, November 24th (4:00– 7:00)** and **Friday morning, November 25th (8:40- 11:50)**. *Student specific interview times will be sent home shortly.

There will be a Scholastic Book Fair on the stage in the Gathering Room and a display of Spirit Wear on a table outside the Front door (with size samples) available for purchasing during our Interview Times.

Inclement Weather

If the buses have been cancelled due to inclement weather and you bring your child to school, please ensure that there is a teacher / staff member at the school to receive your child. If the weather is severe, the teachers may be delayed in arriving at the school as well. The staff will make every effort to ensure the safety of your child. As always, if the buses are not running and you send your child to school, you must make arrangements to pick them up at 3:00 p.m.



- **Grade 8 Day SJSH - Nov.2nd**
- **Health Unit—Immunization Gr. 7 & 8—Nov. 4th (pm)**
- **Picture Retakes- Nov. 16th**
- **Remembrance Day Celebration in gym**
- **Parent Teacher Interviews - Nov.24th 4:00p.m.-7:00p.m. and Nov. 25th 8:40a.m.-11:50.**
- **CSAC - Nov. 1st at 6:30 p.m.**

Your Parent Council —CSAC

Our next CSAC meeting will be on November 1st, 2016 from 6:30-7:30 p.m. Your Parent Council will be preparing for their Annual Fundraising and The Parent Reaching Out Grant that they received for the 2016-2017 school year.

Fundraising: Your CSAC will be selling Chocolate Bars for this year's fundraising in place of the School Calendar and Lamontagne Catalogue order (that we did last year). A letter will be sent home on November 7th, 2016 giving you more detailed information.

21st Century Learner: Your CSAC is preparing an evening for Parents outlining various technology workshops in a carousel evening style. You will have the opportunity to participate in a technology workshop, that will help you understand and support your child with their learning. An invitation will be sent out outlining the different workshops available to you, that will take place on Dec. 1st, 2016.

Thank you for your continued support.

Head Lice Check

On Wednesday, November 9th, 2016, we will be having a school wide head lice check. Please remember to plan various checks throughout the year, of your child's hair, especially after major holidays, to avoid the spreading of head lice in our school.

Virtue of the Month Program

For the month of November, we will focus on the virtue of Peace.



*Peace
be with
you*

"Blessed are the peacemakers, for they will be called children of God." (Matthew 5:9)

The virtue of peace promotes peace as a positive, action-oriented concept. "Peace is not just the absence of war," said St. John Paul II, "it involves mutual respect and confidence between peoples and nations. It involves collaboration and binding agreements." Peace and justice are linked: Peace is the fruit of justice. Peace is a goal of all spiritual people. It begins within ourselves and is an inner state of well-being and calm. People of peace promote non-violence, practice conflict resolution, and believe in cooperating to solve problems.

"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid." (John 14:27)

Reading for the Love of It!!

Reading for pleasure has the power to benefit our learners in so many ways. As a parent, encouraging your child to read for enjoyment is one of the most important things you can do to prepare him/her with a foundation for academic excellence.

As a school principal, I would like to encourage each and every student at St. Theresa School to take some time to read for a few minutes every day. The following is a list of suggestions to help you find or embrace a love for reading:

- Find a cozy place to read
- Visit the local library
- Borrow books from your classroom teacher
- Use a reading calendar or reading log
- Take time to get to know what your favourite genre is
- Raz-Kids has a wide variety of texts to enjoy

www.raz-kids.com

The purpose of the reading log is to encourage and celebrate daily reading! Whether your child is reading a book, magazine or on the computer, he/she is choosing to spend time engaged in a wonderful activity. The reading log provides a little recognition for that commitment and effort!

"The more that you read, the more things you will know. The more that you learn the more places you'll go." — [Dr. Seuss, *I Can Read With My Eyes Shut!*](#)



BRRRR—It's Getting Cold Our There!

It is starting to get colder now, please make sure to send mittens, hats, and warmer jackets with your children.

It is essential that snow pants and boots are labelled since many items look alike.



School Cash Online

School Cash Online is a great way for you to encourage your child to participate in school events and activities, without worrying about cash transactions at school. You can pay online in advance, to ensure your child is able to participate in the school activity. This form of payment is used for **pizza days, field trips, fundraisers and more!**

Visit <https://npsc.schoolcashonline.com> for more details.

Muskoka Language International Homestay (MLI) is seeking families in North Bay to host a female Japanese student from January 7 to March 24. For more information about this program contact Andrea Corbeil at acorbeil@mlihomestay.com or by calling 705 845 1988.



HEALTHY LIVING

Healthy Start to the Day

Children who eat breakfast everyday have fewer illnesses and miss fewer days of school. Make a healthy start to the day with a breakfast that includes three of the four food groups from Canada's Food Guide. This will help you feel great! A nutritious breakfast that includes foods from three of the four food groups - Vegetables & Fruit, Grain Products, Milk Products and Meat & Alternatives - will provide energy to help children concentrate, learn and perform better throughout the school day.

Allergies

A friendly reminder, that there are children in our school with severe, life threatening allergies to peanuts, nuts, sesame seeds and shell fish. Be aware that these products **are not permitted at school.**

Medication

We cannot dispense medication to a student unless it is prescribed by a physician. If your child requires medication during the school year, please have your physician complete the "Request for Administration of Oral Medication" form. Please ask the office to send home the form with

Grade 8 Parent Information Night at St. Joseph-Scollard Hall

There will be a Grade 8 parent information evening at St. Joseph- Scollard Hall on Tuesday, December 6th at 6:00 p.m.. The evening will include a tour of the school, a social and an opportunity to ask questions. The staff and students of St. Joseph- Scollard Hall look forward to meeting with you!

